



Kids' Café Weekly Menu

October 2 - 6

Menu Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 6:45 am to 8:00 am Served with 100% Juice and/or Milk	Choice of Cereal and Seasonal Fresh Fruit	<u>Taco Tuesday</u> Sausage & Egg Tacos	Buttermilk Pancakes w/ Warm Syrup	English Muffins w/ Butter Pineapple	Biscuits w/ Sausage & Cheese
Lunch Served with Milk	Beef Tacos Refried Beans Fruit Cocktail	Cheese Pizza Green Salad	<u>Kids Pick</u> Chicken Nuggets Green Beans Peaches	Ham & Cheese Melts Tator Tots Pickles	Cheeseburgers w/ Trimmings Assorted Chips Apple Sauce
P.M. Snack Served with 100% Juice and/or Water	Ritz Crackers Cheese Slices	Seasonal Fresh Fruit	Fruit Smoothies Goldfish	Animal Crackers Milk	Pretzels Cheese Sticks
Seasonal Fresh Fruit includes apples, grapes, bananas, strawberries, pineapple, peaches, cantaloupe and mango					



Kids' Café Weekly Menu

October 9 - 13

Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 6:45 am to 8:00 am Served with 100% Juice and/or Milk	Choice of Cereal and Seasonal Fresh Fruit	<u>Taco Tuesday</u> Turkey Bacon & Egg Tacos	Buttermilk Pancakes w/ Warm Syrup	Homemade Waffles Warm Syrup Breakfast Sausage	Biscuits Assorted Jellies Turkey Bacon
Lunch Served with Milk	Chicken Rice Casserole Steamed Broccoli	Hot Dogs Tator Tots Applesauce	Super Grilled Cheese Sandwiches Buttery Sweet Corn Peaches	Chicken Pot Pie Peaches Fresh Salad	Beef Stroganoff Egg Noodles Mandarin Oranges
P.M. Snack Served with 100% Juice and/or Water	Goldfish Fruit Smoothies	Chocolate Chip Mini-Muffins	Rice Cakes w/ Sunbutter	Chocolate Chip Cookies Milk	Baby Carrots w/ Ranch Dressing
Seasonal Fresh Fruit includes apples, grapes, strawberries, pineapple, peaches, cantaloupe and mango					



Kids' Café Weekly Menu

October 16 - 20

Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 6:45 am to 8:00 am Served with 100% Juice and/or Milk	Choice of Cereal and Seasonal Fresh Fruit	<u>Taco Tuesday</u> Sausage & Egg Tacos	Banana Pancakes w/ Warm Syrup	Breakfast Muffins Seasonal Fresh Fruit	French Toast Sticks Warm Syrup Sausage Patties
Lunch Served with Milk	Sloppy Joes Tator Tots Sweet Corn	Spaghetti w/ Homemade Sauce Fresh Salad	Goulash Buttered Bread Ambrosia Fruit Salad	Chicken Salad Rollups w/ Pickle Spears Veggie Straws	Mini Corn Dogs Green Beans Sliced Peaches
P.M. Snack Served with 100% Juice and/or Water	Nutrigrain Bars Fruit Juice	Cheese Itz Pepperoni Slices	Banana Pudding w/ Nilla Wafers	Cinnamon Applesauce Graham Crackers	S'mores Trail Mix
Seasonal Fresh Fruit includes apples, grapes, strawberries, pineapple, peaches, cantaloupe and mango					



Kids' Café Weekly Menu

October 23 - 27

Menu Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 6:45 am to 8:00 am Served with 100% Juice and/or Milk	Choice of Cereal and Seasonal Fresh Fruit	<u>Taco Tuesday</u> Potato, Egg & Cheese Tacos	Buttermilk Pancakes w/ Warm Syrup	Mini Bagels w/ Assorted Jellies Seasonal Fresh Fruit	Cinnamon Rolls Sausage
Lunch Served with Milk	Pizza Bites Fresh Salad	Meatloaf Mashed Potatoes Cornbread	Turkey & Swiss Melts Tator Tots Pickles	Shepherd's Pie Mandarin Oranges Garlic Bread	Beanie Weenies Buttered Corn Carrot Raisin Salad
P.M. Snack Served with 100% Juice and/or Water	Fig Newtons Fruit Juice	Ritz Crackers Cheese Sticks	Cranberry Mini Muffins	Trail Mix Dried Fruit	Mississippi Mud Pie
Seasonal Fresh Fruit includes apples, grapes, strawberries, pineapple, peaches, cantaloupe and mango					



Kids' Café Weekly Menu

October 30 - 31

Menu Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 6:45 am to 8:00 am Served with 100% Juice and/or Milk	Choice of Cereal and Seasonal Fresh Fruit	<u>Taco Tuesday</u> Spinach, Egg & Cheese Tacos			
Lunch Served with Milk	Spaghetti w/ Homemade Sauce Cheezy Broccoli Pineapple Tidbits	Turkey & Sausage Jambalaya Green Beans Fruit Cocktail			
P.M. Snack Served with 100% Juice and/or Water	Graham Crackers Sun Butter	Yogurt w/ Berries			
Seasonal Fresh Fruit includes apples, grapes, strawberries, pineapple, peaches, cantaloupe and mango					